

1956 Region 6 Cross Country Championships

Thursday, October 18 – Detroit Lakes- about 1.8 miles

Teams:

Moorhead	32
Sebeka	45
Breckenridge	80
Fergus Falls	91
Barrett	inc

Individuals:

- 1 Richard Mittelstadt, Barrett 9:58 (course record)
- 2 Rodney Weatherford, Moorhead
- 3 David Wirth, Moorhead
- 4 Ted Brodigan, Breckenridge
- 5 Nolan Bacon, Sebeka
- 6 David Eastman, Moorhead

Notes: Top team (5 runners) and top six finishers qualified for the State Meet because the Region had four scoring teams. Shocky Strand was the coach of Moorhead.